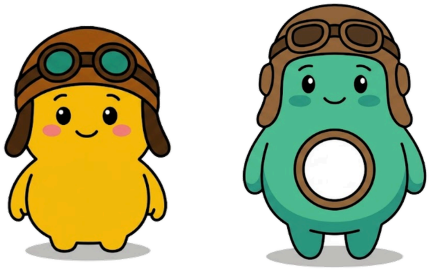
FREE PRINTABLE · KEENFOLDS

Align. Point. Ask. Cue Cards

Three small steps for a shy child who wants to join in but doesn't know what to say after "hi."



1 Align

Walk to the edge of the play, at just the right distance, feet pointed the same way as the other kid.



2 Point

Notice what they're doing and say it out loud. "Those cars go really fast." Don't touch anything yet.



3 Ask

Offer one specific thing to do together. "Can I add this block?"



How to use the cards

1. Practice at home

On a calm day, play with blocks or cars. Your child walks up and does the three steps. Then swap roles.

2. Practice the "no"

Say "Not today." Your child answers "Okay," turns, and walks toward something new. Laugh about it.

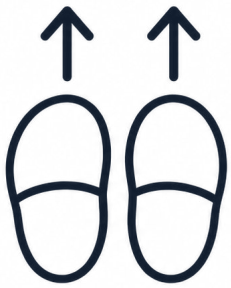
3. Take one card along

Before a party, park or co-op day, look at the cards together. In the moment, just say: "Align. Point. Ask."

Two rules from Glo: never touch someone's toys first, and don't ask too many questions in a row.
A gentle note: no pushing and no lecture. If your child doesn't want to try today, that's okay. Praise every try, even when the answer is no.

STEP 1

Align

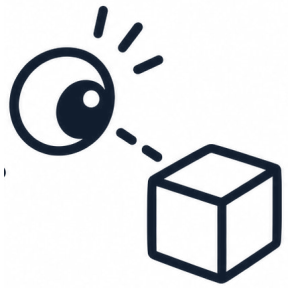


Walk to the edge.
Feet pointed the same way.

Just watch for a moment.

STEP 2

Point



Say what they're doing.
Don't touch yet.

"That's a tall tower!"

STEP 3

Ask



Ask to do one thing together.

"Can I add this block?"

IF THEY SAY "NOT TODAY"

The Graceful Exit

Say "Okay."
Turn around.
Walk to something new.

You did everything right.
It's not about you.

Then try again with someone else.